

Motif

You will need to provide your own references for your work. Consider whether you have any images of domestic spaces, women, children, or other Cassat-adjacent themes.

Drawing & Transfer Materials

- Drawing paper or sketchbook
- Drawing tools: graphite pencil, charcoal, kneaded eraser
- Tracing paper or transfer paper
- Ruler or straight edge (optional)

Palette & Tools

- Palette: wood, glass, or disposable. I like glass.
- Palette knife: I like several sizes, Holbein brand.
- Paper towels or rags: Viva or Shop Towels if using disposable.
- Container for water if using acrylic, or solvent if using oil. I like the Silicoil brand container.
- Medium (optional): linseed oil mixed with odorless mineral spirits, or Liquin. I use Liquin.
- Odorless mineral spirits
- A variety of brushes in large and small sizes, including a few inexpensive large “chip” brushes from the hardware store. I like flat and filbert brushes.

Painting Surface

- One canvas, plus an extra in case everything goes wrong
 - Recommended size: 9 x 12 to 16 x 20 inches
 - Avoid cheap stretched canvas. Better options include a panel primed with gesso and sanded, pre-primed Centurion linen, oil-primed linen pads, loose linen, or something similar.

Paint

A basic, familiar palette in oil or acrylic. These are my suggestions. Use professional-grade paints because they are much better. Gamblin is a good basic brand.

- Titanium White
- Cadmium Red Light
- Cadmium Red Medium or Deep
- Alizarin Crimson Permanent or Rose Madder
- Ultramarine Blue
- Cobalt Blue
- Sap Green
- Neutral Gray, Holbein
- Ivory Black
- Raw Umber
- Burnt Umber
- At least one warm and one cool version of each primary color
- Optional colors I recommend: Old Holland Medium Pink, Michael Harding Lemon Yellow, and Williamsburg Unbleached Titanium Pale

Feel free to contact me with any questions: Sara.sisun@gmail.com

