

Susan Abbott Email <sa@susanabbott.com> if questions

Color and Light on the Adriatic Coast

General supplies:

Sun hat and sunblock

An **art bag or small backpack** or **caddy** for carrying sketching and misc. painting supplies. You'll want to be able to move around comfortably with your gear.

Water bottles for drinking plus carrying painting water.

Lightweight easel (optional)

If working in oil or acrylic you will need an easel for our plain air sessions and in the studio. For watercolor, easels are preferable but optional if you are ok with painting in your lap when outside. Here are possibilities for lightweight easels if you don't have one. (Feel free to contact me at sa@susanabbott.com if questions on easels.)

<https://enpleinairpro.com/collections/packages>

Sketchbook small enough to carry easily for notes and sketches in the field, around 6" x 9".

Selection of pencils for sketching and watercolor, such as HB, B, 2B

Sharpener and eraser

If working in WATERCOLOR:

Arches or another good brand **watercolor block no smaller than 9"x 12"** OR **watercolor paper** approximately 10 sheets cut to 9" x 12", 140 lb. cold-pressed paper. (You won't be happy with the poor quality of student grade or Strathmore paper for your paintings.)

2 pieces of **foam core if you aren't using a block**, a little bigger than your watercolor paper, sandwiched around the watercolor paper to protect it and to use as a support.

White artist's masking tape (not blue painter's tape, which can throw off your color)

Brushes in a protective case (2 or so medium rounds plus a 1/2 "and 1" flat

DaVinci Junior and Robert Simmons Sceptre series are an affordable choice:

<http://www.dickblick.com/products/winsor-and-newton-sceptre-gold-brushes/>

Watercolor palette filled with dried watercolors. Give your palette a few days to dry with the cover off. Let me know if you want to start a new palette, and I'll email you a suggested color placement. Here's is a good one for travel if you don't currently have a watercolor palette:

<https://www.dickblick.com/products/mijello-fusion-airtightleakproof-palettes/>

Water holder like this:

<https://www.dickblick.com/products/holbein-bellows-brush-washer/?fromSearch=%2Fsearch%2F%3Fq%3Dholbein%2520water%2520holder>

Suggested watercolors:

You don't need to refill your palette with these colors, but these are what I use and teach with. Brands are Winsor Newton (WN), Schmincke (SCH) and Daniel Smith (DS). No abbreviation after pigment means any brand professional grade paint will do.

Hansa Yellow Medium (DS)

Lemon Yellow or Cadmium Lemon

Cadmium red (light or middle, not deep) or another warm red or Quinacridone Coral (DS)

Permanent Alizarin Crimson

Permanent Rose or Quinacridone Rose

Ultramarine Blue (not "green shade" or "red shade")

Cerulean Blue (SCH Helio Cerulean is less opaque) or Manganese Blue

Prussian blue or Thalo blue or Winsor blue

Cobalt Teal or Turquoise

Yellow ochre or Quinacridone gold (DS)

Quinacridone Sienna (DS) or Burnt Sienna

Naples Yellow

If working in OILS or ACRYLICS

If working in these mediums you'll need an easel for both studio and plein air. Email me at sa@susanabbott.com if you need recommendations.

Rags, small jars for medium and solvent (we will supply medium and solvent), a selection of medium-sized to larger round and flat brushes.

Suggested oils or acrylics:

You don't need to bring all of these colors if you are used to others, these are what I use and teach with. The most essential pigments have an asterisk.

*Titanium/Zinc white

*Hansa Yellow Medium

Lemon Yellow or Cadmium Lemon

*Cadmium red (light or middle, not deep) or another warm red

*Permanent Alizarin Crimson

Permanent Rose or Quinacridone Rose

*Ultramarine Blue (not "green shade" or "red shade")

*Cerulean Blue or Manganese Blue

Cobalt Teal or Turquoise

*Prussian blue or Thalo blue or Winsor blue

*Yellow ochre or Raw Sienna

Burnt Sienna

Naples Yellow

(If using acrylics, "Open Acrylics" and "Open Medium" by Golden dry slower and will give you more working time. You can also use a drying retardant medium. Water also works as a medium for acrylic.

Approximately **10 canvas or linen gessoed panels** no smaller than 8" x 10". Good brands are Raymar or Blick. If you're using acrylic, get acrylic-gessoed and not oil-gessoed panels. Oil painters can use either gessoed panel.

Oil painters and acrylic painters, bring a few sheets of gessoed watercolor paper or oil paper for indoor exercises. Oil painters can bring a small set of gouache OR watercolors, a small palette, watercolor brush, and some watercolor paper for

the sessions we may be working indoors.

Gouache or watercolor colors for oil painters: lemon yellow or spectrum yellow, primary red or other warm red, alizarin crimson, ultramarine blue, phthalo blue or Winsor blue, white. (or bring any small watercolor palette you currently have filled with pigments.)

Example of gouache watercolor palette: <https://www.dickblick.com/products/blick-folding-palette-box/>

Example of watercolor paper for gouache: <http://www.dickblick.com/products/strathmore-400-series-watercolor-paper-pads/>