

Portraiture: Finding Your Own Style

Supply List - Ingrid Christensen

Paints:

For the best results, look for "artist quality" or "professional quality" paints. If you don't use cadmiums for health or expense reasons, feel free to use other, visually- similar pigments or cadmium hues.

Pigments:

- Alizarin Crimson Permanent (aka Anthraquinone Red)
- Cadmium Red Light
- Cad Yellow light OR cad yellow lemon (name varies by brand)
- Cad Yellow
- Ultramarine Blue
- pthalo blue
- pthalo green
- yellow ochre
- raw sienna
- burnt sienna or terra rosa (I use terra rosa)
- raw umber
- Black
- Titanium White

Brushes:

I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes.

Acrylic painters: choose synthetics described as mimicking hog bristle. They should be springy and rather firm.

Supports:

I use primed cotton canvas cut from the roll from any art store which is a cheaper alternative to stretched canvases.

Other appropriate supports include: stretched canvas, canvas boards and gessoed watercolour paper/cardboard or wood panels if you're used to them.

Panels are very smooth so don't choose this option if you're unfamiliar with them.

Use sizes that you're comfortable with.

Oil mediums:

You may use your usual mediums.

I commonly use a 50/50 mix of linseed and mineral spirits for the first layer and then pure linseed for subsequent layers.

Acrylic mediums:

Your usual medium or a regular gel medium.

Other:

- Paper towels or rags
- Triangular palette knife – paint free, flexible. You will use it for both mixing and applying paint
- Palette for mixing paint.

Photos:

We'll each work from our own photos. Choose images of people that you know and like, not internet-sourced strangers as you'll be more engaged in the process if the person holds some meaning for you.