

# WINSLOW ART CENTER

## Ben Hamburger - Working Out: Exercises to Become a Stronger Painter

**Suggested Materials:** All materials are flexible and up to personal preferences. Feel free to reach out with any questions.

**Paint:** Students are welcome to use either acrylic or oil paint. Please have a full palette of colors that you have on hand. Below is a suggested palette that I will generally use for demonstrations. Feel free to experiment with other colors that you like.

- cadmium yellow light or lemon yellow 37ml
- yellow ochre 37ml
- Quinacridone Red 37ml
- ultramarine blue 37 ml
- cerulean or phthalo blue 37 ml
- burnt sienna 37ml
- raw umber 37ml
- titanium white 150 ml

### Paint Brushes

- An assortment - Filberts, Flats, and or rounds: #'s 2, 4, 8, 12, 20
- Larger house painting brushes

### Solvent/Medium (if using oil paint):

- Refined Linseed Oil –small bottle/8oz (painting medium)
- Gamsol, terpenoid, or other odorless oil painting solvent

**Painting Surfaces:** As we will be working on a number of exercises, surfaces are really up to you, but don't work on anything too precious. You will want a canvas pad to do some of the color studies. Painting exercises will be small, no larger than 8x10. I often recommend using a larger canvas or panel and taping it off into smaller sections, too.

- Canvas or painting paper pad- I recommend this: [https://www.jerrysartarama.com/canson-canva-paper-pads-12x16in-70627?gad\\_source=1&gclid=CjwKCAjw5Ky1BhAgEiwA5jGujoZ7PrSW\\_5eKtUbv08xteLywbw6GXBqP9jhl2xdX57zY8zel-kdhphoCsVEQAvD\\_BwE](https://www.jerrysartarama.com/canson-canva-paper-pads-12x16in-70627?gad_source=1&gclid=CjwKCAjw5Ky1BhAgEiwA5jGujoZ7PrSW_5eKtUbv08xteLywbw6GXBqP9jhl2xdX57zY8zel-kdhphoCsVEQAvD_BwE)
- Various painting surfaces, size and type determined by student for studies
- Sketchbook for notes/sketching

### Other Materials For Still Lifes We Will Likely Use:

- Some solid colored fruit
- A lamp for a direct light source
- Basic colorful construction paper
- We may use some other household objects