

## **Materials list**

1) Oil paint – Zinc white (warm white is nicer but more expensive), Gamblin or Jackson's lemon yellow, Rose Madder (or Alizarin crimson) and cobalt blue hue (Cobalt blue is dearer).

60ml tubes or bigger, and at least twice as much white.

I use Jacksons Artists Colours. But use the brand you like.

2) Low-odour oil-paint solvent. A small jar for the oil solvent. Zest-It or Sansador are fine.

3) Brushes. Good to have some bigger brushes.

I like long filbert brushes, household brushes, rags, newspaper, hands and fingers.

4) Canvases/panels/painting surface. Cardboard with two coats of acrylic primer – often the card from a cereal box.

But use whatever surface you like to use. 5 x 7 inches is a good size.

5) Palette or mixing surface. Paper tearaway palette is great. Wooden palette fine.

6) Kitchen paper or rags. A plastic bag for rubbish.

- 7) Plastic disposable gloves are great.
- 8) Apron is good. Don't be like me and not wear an apron.
- 9) Some hand gel to wash your paintcovered hands.
- 10)Easel – for your board or canvas.