

Reflective Surfaces in Gouache - Cynthia Armstrong

Materials:

Sealable palette - Mijello Martin airtight watercolor 18 well palette. OR
Transon paint storage palette box, 24 wells. OR
SAA Standard - deluxe palette box - This can be used to store airtight a
piece of plexiglass as
your palette.

Paper & Supports: Arches 140# Hot press paper (standard sheets are most
economical - to be
cut down) or Cottonwood Arts Laminated Cold Press sheets (available
through their website) 9
x 12 inches.

Brushes: A selection of cheap synthetic flat wash & angled shaders. Sizes
between 1/4inch to
1 inch (Princeton 3750). Really, any flat synthetic brush will work. I have
several of each of the
following sizes: 4, 6, 8, 10, 12.

You will also need a couple of pointed rounds (also synthetic), sizes: 0 and 2
for painting details.

Pigments:

Any quality brand: Winsor & Newton, Daniel Smith, M. Graham, Holbein
(avoid Acryla
gouache).

Modified palette: (From these you can create essential color mixes)

1. Cadmium Lemon
2. Cadmium Yellow Medium
3. Cadmium Red Light
4. Permanent Alizarin Crimson
5. Permanent Rose (or Primary Magenta or Quinacridone Magenta)
6. Ultramarine Blue
7. Phthalo Blue
8. Burnt Umber
9. Phthalo Green

10. Yellow Ochre
11. Naples Yellow
12. Titanium white - 37ml (more opaque than Zinc), you'll be going through
LOTS of
white.

Optional: but really cool to play with - Aqua -Pasto by Schmincke. A
delicious thickening
medium for both watercolor and gouache. Not required; I'll demonstrate it in
class.

Backing board & Tape - for watercolor sheet segments, not necessary if you are using a watercolor block or laminated boards.

Two water containers

Sponge or blotting cloth (to clean brushes)

Paper towels

Sketch paper & pencil

Various shiny still life objects: Silver spoons, sugar bowl, teapot, etc. Mostly things from around the house.