

JaFang Lu - Painting the Figure with A Limited Palette

Material List

Students can use different materials/medium. However I am most familiar with the following materials and my instruction will focus on understanding the principles through manipulations of them.

BRUSHES

- Several Filbert brushes #4 by Silver Grand Prix and other shapes/sizes

CANVASES

- Have at least Two 16x20 toned* canvases ready daily

PAINTS

Winsor Newton Professional Grade Paints are recommended, especially for Burnt Sienna

- Burnt Sienna
- Permanent Rose
- Cad Yellow Pale
- French Ultramarine Blue
- Titanium White

Misc MATERIALS

- A seasoned wooden palette
- Palette cups or seal-able jars
- Odorless mineral spirits
- Viva Paper Towels
- A palette knife

***CANVAS TONING PROCESS:**

For acrylic primed canvas only:

On acrylic primed canvas, apply one coat of Golden Acrylic N6 Neutral Gray paint diluted with water to the consistency of “half and half” (roughly 3 parts water and one part acrylic paint) on the canvas with a household (2-3”) paint brush. To apply the tone, first cover the entire surface of the canvas with the mixture with the household paint brush. When the surface is completely covered make sure the paint surface is smooth by lightly dragging the same brush across the entire canvas the long way (parallel to the 20” edge). The finished canvas should have a uniformly smooth gray finish with some canvas showing through the brush marks. Apply one coat only. You can tone one canvas and let dry to see the result and adjust the mixture if necessary before toning the rest.

For best result, tone the canvas at least 24 hours before use even though the acrylic dries to touch in as little as 20 minutes.