

# Materials List - Comfort Me With Apples

Erin Lee Gafill, presenting for Winslow Art Center

I encourage you to use the tools and materials with which you have the most comfort. There is no need to buy anything if you already have the supplies on hand that work for you, even if they are different from what is on the list. Once you've taken the class and seen my "introduction to materials" in the first lesson, you can evaluate for yourself if you want to try something new.

During this course I will use -

## Materials Review -

### Subject

Apple(s)

Pedestal (stack of books or boxes)

Light colored fabric for draping

Light Source (goose neck lamp)

Background (cardboard, wall, curtain)

### Supports (something to paint on)

*Give yourself lots of surfaces in lots of sizes from 5"x7" up to 11"x14". We'll make a lot of paintings and you'll want to be able to just grab a new support and start a new painting without having to stop and prepare it.*

Sketch Book - 8" x 10" +/-

Prepared Paper - Gessoed watercolor or multi-media paper

Prepared Panel - Gessoed 1/8" Plywood

Canvas - 5" x 7" to 11" x 14"

If you work on prepared paper or small boards, you'll want to attach them with artist's tape to a large board (clipboards work) for sturdiness.

### Brushes etc.

*Use the brushes you like and have.*

*Different shaped brushes are designed for different purposes. I like a range to create a few fine details (the liner brush) up to a house-painting brush for broad strokes and covering a lot of ground.*

Right now I'm using:

*Da Vinci Maestro*

Thin round or liner brush (Round size 3)

1/4" Round - (Round Size 10)

1/4" Bright or Flat - (Bright Size 8)

Pencil (General #2)

Pen (Sharpie S-Gel 1mm)

## Paints

*I recommend Artist Grade. When you use student grade you're buying mostly filler which you can't tell until you start painting and find you get very unsatisfying results. It's not you! It's the proportion of actual color to the paint that's wrong. Nowadays I mostly buy Gamblin for its consistency and value.*

Colors: I like a warm and cool version of each primary (yellow, red, blue) and prefer Titanium to Zinc White as it is much stronger at lightening the color.  
Lemon Yellow or Cadmium Yellow Light  
Cadmium Yellow Medium  
Cadmium Red Light or Cadmium Red Medium  
Quinacridone Magenta or Quinacridone Res  
Ultramarine Blue or Cobalt Blue  
Phthalo Blue  
Titanium White

## Mediums (for oil painters)

Liquin  
Odorless Mineral Spirits - Gamsol is the Gamblin brand. For cleaning brushes and for thinning paint.

Mediums (for acrylic painters)  
Water for cleaning brushes.  
Acrylic Matte Medium for mixing

## Other

White Gesso for preparing supports for painting.  
Palette - (Oversize glass, wood, or plexi palette) or lidded palette or just palette paper.  
Palette Knife for mixing  
Paper Towels for cleaning paint off brushes  
Small lidded jars for mediums  
Trash bag and Trash receptacle  
Standing or Table Easel and Chair