

Supply List - Ingrid Christensen

My regular palette is a double primary consisting of a warm and cool of each primary colour: red, blue, and yellow as well as titanium white and Ivory or Mars black.

Feel free to use your own, preferred colours.

Pigments:

- Alizarin Crimson Permanent or Anthraquinone red
- Cadmium Red Light
- Cadmium Yellow
- Cad Yellow light/lemon
- Ultramarine Blue
- pthalo blue

- Yellow ochre
- Raw sienna
- burnt sienna
- raw umber
- Azo green (also called Green gold)

- Titanium white
- Black (Mars or Ivory)

Brushes:

I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes. I prefer long bristled brushes to short brights because brights are too stiff to allow me to layer wet in wet.

I also use 2" wide flat brushes for covering large areas of canvas.

Supports:

I'll be painting on primed canvas taped to a panel. The rigid surface of the panel allows me to bear down on the canvas without creating bowing or denting as I would on stretched canvas.

For this workshop, I recommend canvas rather than wood panel supports as the texture of the weave allows you to achieve a greater variety of marks and edges than a smooth surface.

Oil mediums:

My first layer medium is 50/50 linseed oil and odourless mineral spirit (I use Gamsol)
Subsequent layers use only linseed oil.

You may use other mediums if you prefer.

Acrylic mediums:

I recommend using your paint generously so that you can achieve some wet-in-wet mixing. Open acrylics will help with this.

A gel medium allows you to create luxurious paint passages.

Other:

- Triangular palette knife – paint free, flexible, and approximately 1.5" - 2" long. You will use it for both mixing and applying paint
- Palette: no smaller than 12 x 16"

References:

We'll work from simple still life set ups in our individual studios as well as from photo references in your preferred genre (landscape, figure, cityscape, etc)

I will post images of my references during the workshop for those who would like to use them.