



## Winslow Art Center – Vivacious and Bold Watercolors in Umbria

### Suggested Materials List

#### **Watercolor Paper:**

I recommend the Arches 20 sheet 7x11 (or 8x10) [140#](#) cold press [blocks](#). A second option is a 5x8 140# cold press watercolor journal. A third option is a stack of 140# cold press watercolor paper, all the same size, with a slightly larger stiff board (and tape on which to adhere your paper to the board). Keep in mind: We will be creating paintings and studies over the course of 7 days. If you feel you may paint more studies or paint outside of class time, you may need more paper.

#### **Brushes:**

[Kolinsky Sable](#) (or equal) #8 or #10 round

Kolinsky Sable (or equal) #4 round (not necessary if brush above comes to a sharp point when wet)

Sable or equal large flat wash brush around 1.5" wide (optional)

Inexpensive [flat #2](#) (for scrubbing)

Inexpensive round #6 for removing pigment

#### **Paint:**

Watercolor paints in assorted colors (pans or tubes). It is ideal to have a warm and cool of each primary color as well as a neutral such as Burnt Sienna or Quinacridone Burnt Sienna. Professional grades work best. *\*See additional notes below for my favorite go-to paints and pigments.*

#### **Palette:**

Can be either cake pre-filled, self-filled, hinged or lidded, with mixing area; there are many varieties.

#### **Drawing Supplies: Paper, Tracing Paper, Pencil, Eraser, Ruler, Marker:**

Any paper on which to draw, any tracing paper, any medium hardness pencil (like a #2), soft eraser, any small ruler, Ultra Fine Point Sharpie (or Micron marker .5 or any other non-water-soluble alternative)

**Liquid Mask:** Optional (I won't be using it, but some find it useful)

#### **Water Container.**

Water container. Small water sprayer. Sponge (any type) and a few blue paper towels.

**Apron** or old shirt to wear to protect your clothes from splatters

**Blow-dryer** (check with venue...they may be provided)

#### **Photo**

I will provide some photos from which to refer. You may also want to use photos you take on site.

\*Paints...More Information

It is best to have warm and cool choices of each primary color (red, yellow, and blue), as well as a neutral such as Burnt Sienna or Quinacridone Burnt Orange (recommendations are highlighted below).

The following is a list of paints I typically pull from. Do not feel as though you need to purchase all colors. To help you choose pigments, this list organizes pigments into their primary, neutral, and secondary categories, with side notes as to cool/warm dominance.

All listed are [Daniel Smith Fine Watercolors](#) unless noted otherwise. I prefer Daniel Smith tube paints, but any **professional grade** watercolor paints are acceptable, including pre-dried cake paints. Daniel Smith also makes cake pans which are ideal for travel. However, I pre-fill my own cake pans with favorite tube colors, allow to dry, and pack the palette in a waterproof container such as a Ziplock bag. I also take backup tubes of my most-used colors for refilling the palette.

1. Blue
  - a. Warm: Cobalt Blue, Cerulean Blue, Cobalt Teal Blue, W&N Antwerp
  - b. Cool: Ultramarine Blue, Phthalo Blue Red Shade
2. Red
  - a. Warm: Quinacridone Coral, Organic Vermillion
  - b. Cool: Quinacridone Red, Opera Pink
3. Yellow
  - a. Warm: New Gamboge
  - b. Cool/Neutral: Windsor & Newton Transparent Yellow
4. Neutral
  - a. Quinacridone Burnt Orange (QBO)
  - b. Moonglow, Sodalite Genuine, Indigo
5. Alternative Secondary Colors
  - a. Serpentine Green
  - b. Aussie Red/Gold (orange)
  - c. Imperial Purple
6. Bring any colors you enjoy using.

Please reach out to me at [sarah@sarahbhansen.com](mailto:sarah@sarahbhansen.com) for any questions regarding supplies. I'm happy to help.