

## Materials List

Instructor: Laura Vahlberg

Winslow Art Center: One- Shots: Painting Fast as Seasons Change

Mondays, March 21 & 28

These materials are what I use. Feel free to adapt this list to what you already use in your practice. You should be able to find all these things on Amazon.

1. drawing board- 23" x 26" or a similar size ( I use a drawing board with grid: [https://www.amazon.com/Heritage-Arts-GB2326-Gridded-Sketch/dp/B004O4NCZS/ref=sr\\_1\\_6?dchild=1&keywords=heritage+drawing+board+for+artists&qid=1629495954&sr=8-6](https://www.amazon.com/Heritage-Arts-GB2326-Gridded-Sketch/dp/B004O4NCZS/ref=sr_1_6?dchild=1&keywords=heritage+drawing+board+for+artists&qid=1629495954&sr=8-6))

2. Primed linen, I recommend (the 12"x16" size is okay too) [https://www.amazon.com/Centurion-Deluxe-Primed-Linen-16x20/dp/B0049UX626/ref=sr\\_1\\_1\\_sspa?dchild=1&keywords=centurion+linen+pad&qid=1629496441&s=arts-crafts&sr=1-1-spons&psc=1&spLa=ZW5jcmlwdGVkUXVhbGlmaWVyPUFUMVpXUzk0SkFaTDUmZW5jcmlwdGVkSWQ9QTAzNjE3ODUyWVNaRk44VEg5V0RRJmVuY3J5cHRlZEFkSWQ9QTAxMzE0OTMzVzJYN0JKOUtZTEhZJndpZGdlDE5hbWU9c3BfYXRmJmFjdGlvb11jbGlja1JlZGlyZWNoJmRvTm90TG9nQ2xpY2s9dHJlZQ==](https://www.amazon.com/Centurion-Deluxe-Primed-Linen-16x20/dp/B0049UX626/ref=sr_1_1_sspa?dchild=1&keywords=centurion+linen+pad&qid=1629496441&s=arts-crafts&sr=1-1-spons&psc=1&spLa=ZW5jcmlwdGVkUXVhbGlmaWVyPUFUMVpXUzk0SkFaTDUmZW5jcmlwdGVkSWQ9QTAzNjE3ODUyWVNaRk44VEg5V0RRJmVuY3J5cHRlZEFkSWQ9QTAxMzE0OTMzVzJYN0JKOUtZTEhZJndpZGdlDE5hbWU9c3BfYXRmJmFjdGlvb11jbGlja1JlZGlyZWNoJmRvTm90TG9nQ2xpY2s9dHJlZQ==)

3. masking tape- regular beige color

4. palette knife RGM #23- [https://www.amazon.com/RGM-Italian-Painting-Knife-RGQ023/dp/B009OOS1KE/ref=sr\\_1\\_4?crid=NPD2A1ONHD7U&dchild=1&keywords=rgm+palette+knife+23&qid=1629496511&s=arts-crafts&sprefix=rgm+pale%2Carts-crafts%2C157&sr=1-4](https://www.amazon.com/RGM-Italian-Painting-Knife-RGQ023/dp/B009OOS1KE/ref=sr_1_4?crid=NPD2A1ONHD7U&dchild=1&keywords=rgm+palette+knife+23&qid=1629496511&s=arts-crafts&sprefix=rgm+pale%2Carts-crafts%2C157&sr=1-4)

5. variety of brushes: I like to buy my brushes in person because I like to know how they feel. A wide variety of sizes is best. I think you will need at least 6 brushes. I typically use 8 or 9 at the most in a session. If you have an art store near you I suggest looking for brushes in person. I have never purchased this set in particular but I know that hogs hair brushes that have long handles are great and filberts are especially good when mixing colors with the brush. Feel free to shop around further before making a purchase. If you are already a painter, just bring what you already use. [https://www.amazon.com/XDT-Filbert-Painting-Brushes-Bristle/dp/B07QPL751W/ref=sr\\_1\\_9?dchild=1&keywords=paint+brushes+set+hog+hair+long+handle&qid=1629495706&s=books&sr=1-9](https://www.amazon.com/XDT-Filbert-Painting-Brushes-Bristle/dp/B07QPL751W/ref=sr_1_9?dchild=1&keywords=paint+brushes+set+hog+hair+long+handle&qid=1629495706&s=books&sr=1-9)

6. french easel or some other portable easel. I recommend the Jullian version (the older ones are better, might be worth looking on ebay or facebook marketplace)

7. a roll of paper towels or rags

8. fabric scissors

9. pencil (any old sharp pencil is fine)

10. palette-- glass palette is best. Wood palette is fine. Palette paper is fine too  
palette paper: [https://www.amazon.com/Strathmore-365-12-Palette-Bound-Sheets/dp/B0027A7L5S/ref=sr\\_1\\_6?dchild=1&keywords=palette+paper&qid=1629654746&sr=8-6](https://www.amazon.com/Strathmore-365-12-Palette-Bound-Sheets/dp/B0027A7L5S/ref=sr_1_6?dchild=1&keywords=palette+paper&qid=1629654746&sr=8-6)

11. 1.5 razor scraper with razor blades (if you have a glass palette): [https://www.amazon.com/Razor-Blade-Scraper-Cooktop-Replaceable/dp/B07HPFGQ2G/ref=sr\\_1\\_20?dchild=1&keywords=razor+scraper&qid=1629496649&sr=8-20](https://www.amazon.com/Razor-Blade-Scraper-Cooktop-Replaceable/dp/B07HPFGQ2G/ref=sr_1_20?dchild=1&keywords=razor+scraper&qid=1629496649&sr=8-20)

12. Oil or acrylic paints: I recommend Williamsburg brand for oils. For acrylics I recommend Golden brand. My favorite paint pigments:

- titanium white
- alizarin crimson
- ultramarine blue
- cerulean blue
- cadmium yellow light
- cadmium yellow medium
- yellow ochre
- turquoise
- cadmium red medium
- pthalo green
- alizarin orange
- cobalt blue
- egyptian violet

13. A container for water if you use acrylic paints (I use a large empty yogurt container)

14. a bar of handsoap or whatever you already use for washing brushes (I use murphey's oil soap in a soap pump bottle)

**Recommended:**

1. Read the book "Hawthorne on Painting" - <https://www.amazon.com/Hawthorne-Painting-Dover-Art-Instruction/dp/048620653X>

2. nitrile gloves to protect your hands from some of the toxic contents of some of these pigments.

3. 2 canisters - one for clean brushes, one for dirty brushes. I use empty cylindrical oatmeal containers. I've seen other artists use wide mouthed mason jars

4. fold up wagon: [https://www.amazon.com/Sports-Wagon-plegable-para-libre/dp/B00BUUUIGK/ref=sr\\_1\\_4?crid=NMB0XBVQJ53D&dchild=1&keywords=fold+up+wagon+cart&qid=1597883246&srefix=fold+up+w a%2Caps%2C160&sr=8-4](https://www.amazon.com/Sports-Wagon-plegable-para-libre/dp/B00BUUUIGK/ref=sr_1_4?crid=NMB0XBVQJ53D&dchild=1&keywords=fold+up+wagon+cart&qid=1597883246&srefix=fold+up+w a%2Caps%2C160&sr=8-4)

5. tackle box: [https://www.amazon.com/Plano-1-Tray-Metallic-Premium-Storage/dp/B00FPQRLCO/ref=sr\\_1\\_2?dchild=1&keywords=tackle%2Bbox&qid=1597883927&sr=8-2&th=1](https://www.amazon.com/Plano-1-Tray-Metallic-Premium-Storage/dp/B00FPQRLCO/ref=sr_1_2?dchild=1&keywords=tackle%2Bbox&qid=1597883927&sr=8-2&th=1)

6. water bottle

7. snack

8. reusable grocery bag with bottom insert-- for carrying brush containers, gloves, water bottle, snacks

9. a plastic tupperware that will hold the size palette you use. mine is 22.5" x 15.75" x 6". But the size will depend on the size of the palette you use.

10. a square, metal is best, plastic is okay

11. clothespins

12. writing pen, ball point works fine

13. a small level: [https://www.amazon.com/Kapro-440-08-Line-Level/dp/B001N3K83C/ref=sr\\_1\\_27?dchild=1&keywords=small%2Blevel&qid=1631208455&sr=8-27&th=1](https://www.amazon.com/Kapro-440-08-Line-Level/dp/B001N3K83C/ref=sr_1_27?dchild=1&keywords=small%2Blevel&qid=1631208455&sr=8-27&th=1)