



The Bigger Picture/Loosening Up Lisa Daria Materials List and Vendors

Easel or ability to mount canvas on wall or table to work.

Paint -Recommended Brand - Liquitex Heavy Body Acrylic Colors - Alizarin Crimson Hue Permanent • Cadmium Red Medium (Cad free is fine) • Cadmium Yellow Light (Cad free is fine) • Cadmium Yellow Medium (Cad free is fine) • Phthalo blue (green shade) • Ultramarine Blue (green shade) • Titanium White • Quinacridone Magenta

Sumi Ink - 6 ounces <https://www.dickblick.com/items/yasutomo-liquid-sumi-ink-6-oz-water-resistant/>

Golden Acrylic Retarder Medium - a must - this brand I find to be the best <http://www.dickblick.com/items/00628-0006/>

Black Sharpies Markers 2

Scissors

Packing or Duct Tape

Dowel - 1/2" thick - 2-3 feet or a **Mahl Stick** - or **any type** of solid straight object that can be used as a long, sturdy handle

View Catcher - <http://www.dickblick.com/products/viewcatcher/?clickTracking=true>

Gray Scale Value Finder <https://www.dickblick.com/products/gray-scale-value-finder/?fromSearch=%2F-search%2F%3Fq%3Dgray%2520scale%2520slider>

Brushes - anything will do, but here are my recommendations

2 Winsor and Newton University Bright Long Handle size 8 brushes <http://www.dickblick.com/items/05393-1008/>

1 Winsor and Newton University Bright Long Handle #12 Series 237 - <http://www.dickblick.com/items/05393-1012/>

1 Two-inch house painting brushes from the hardware store - nothing fancy

Poly foam brushes - 1", 2" and 4" - two of each - available at hardware store

Old Gift Cards, pieces of cardboard, a painters edging tool - anything to slather paint on in big areas

Painting Surfaces Dura-Lar - Matte Film -, 25 sheet 11x14" one pad - Make sure you are buying MATTE, not transparent. <https://www.dickblick.com/items/55505-1005/>

Three 24" x 30" Masonite Panels (no need to prime) or pre-primed/stretched canvases - at least 30" <https://www.dickblick.com/items/hardboard-panel-24-x-30-x-18/>

Newsprint Pad 18x24" smooth

Palette - I like disposable palettes - wax paper, parchment paper, what have you.

<http://www.dickblick.com/products/blick-studio-disposable-palette-pads/?clickTracking=true&wmcq=pla&wmcid=items&wmcck-w=03063-2023&clid=CJmbhNKwwcoCFdMYHwodj4IJLQ>

Spray Bottle <http://www.dickblick.com/products/holbein-watercolor-atomizer-bottle/>
Paper Towels

Still Life Objects - Anything - you need to set up your own still life, think random - Flower, plants, vessels, objects, cloth, patterned items, cans, what have you. Objects from the recycling bin (seriously, anything!) I'll also provide photos to work from.

Magazine Cut-outs or Photos- a variety of subjects, interiors, fashion, what have you.