



The Art of the Bird

MATERIALS LIST & NOTES

In this workshop, we'll explore a variety of techniques for capturing eggs, feathers, and nests. We will begin with pencil and pen and then add watercolor. I will be using the materials outlined below; feel free to substitute your own favorite materials. Contact me if you have any questions about materials prior to the workshop: Jean Mackay, jeanmackay.art@gmail.com.

- **Pencils and Eraser-** F, 2B, 3B (An F pencil is soft and light and works well with watercolor. It can be hard to find, so don't fret if you can't locate one. You can start with 2B). Kneaded eraser or white vinyl eraser
- **Pens-** Pigma Micron pens or Staedtler pigment liners, black, sizes 02, 005 (03 or 01 are fine as well, but the 005 is important for very fine details)

- **Watercolors-**

These are my base colors for nests, feathers, and eggs:

- Ultramarine Blue
- Cobalt Blue
- Raw Sienna
- Burnt Sienna (Winsor & Newton)
- Yellow Ochre
- Burnt Umber
- Lemon yellow
- Aureolin yellow
- Permanent Alizarin Crimson
- White gouache

I also use:

- Hansa Yellow Medium
- Quinacridone Gold
- Quinacridone Rose
- Transparent Pyrrol Orange
- Sap green (Daniel Smith)
- Phthalo blue

Note: If you already have a palette that you use and like, don't feel the need to buy new paints. You can substitute for the above.

- **Brushes-**
 - Small and medium round brushes. Sizes 2, 6 and 8 (or 10) are good choices. I also have a size 1 brush that I often use for fine details, but if your 2 is in good shape, it should be fine.
 - Stiff brush for spatter (old craft brush or toothbrush)
 - Other brushes that may be useful: 10mm flat; size 1 rigger
- **Paper-** Sketch pad suitable for drawing and practice. 140lb watercolor paper, Hot press paper or cold press paper that does not have a lot of tooth work better than more textured papers for eggs and feathers. I like Fluid 100 and Fabriano because they are smoother than Arches. You are welcome to work in a sketchbook if you like. Just keep in mind that the better the paper, the better the results you will have. If possible, have a few sheets of both hot and cold press papers so that you can test them both and see which works better for you.
- **Ruler**