

Supply List - Ingrid Christensen

Paints:

Buy artist quality paint only. They give pure, clean mixes.

Look for "artist quality" or "professional quality", not "student quality" such as Winton or 1980.

You will not be able to achieve clean alla prima layers or rich colour with student paint.

You will need a warm and a cool of each primary colour.

If you don't use cadmiums for health or expense reasons, other pigments may be used. Look at the opacity on the tubes of other pigments and find **opaques or semi opaques** in similar colours to the listed cadmiums.

Pigments:

- Alizarin Crimson Permanent (Gamblin brand in oils)
- Cadmium Red Light
- Cadmium Yellow OR Cad. Yellow medium
- Cad Yellow light OR cad yellow lemon (name varies by brand)
- Ultramarine Blue
- pthalo blue
- Raw Umber
- Titanium White

Brushes:

I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes. **Acrylic painters:** choose synthetics described as mimicking hog bristle. They should be springy and rather firm.

Supports:

Appropriate supports include: canvas (stretched or purchased off the roll and cut and taped to a board), canvas boards, and gessoed watercolour paper/cardboard or wood panels.

Have several small and medium supports on hand (approximately 8 x 10" and 12 x 16") as we will be doing many colour and paint application experiments.

Oil mediums:

2 palette cups:

- 1 palette cup with a 50/50 mixture of oil (linseed or walnut) and Gamsol

- 1 palette cup of pure oil such as linseed or walnut.

Acrylic Mediums:

Regular Gel Medium

Still Life Objects:

1 red apple, 1 lemon or 1 orange and a white cloth or plate to put them on.

I'll provide you with the list of objects for subsequent days as the workshop progresses.

Other:

-Paper towels or rags

-Triangular palette knife – paint free, flexible, and approximately 1.5" - 2" long. You will use it for both mixing and applying paint

-Palette – 12 x 16" mixing space