

Nancy Gruskin

Cut. Paste. Draw. Paint.

Supply List

Painting supplies:

- Any oil or water-based paint will suffice. At a minimum, you should have white + a warm and cool version of red, yellow, and blue. I typically have the following colors on my palette: a cool red (e.g., Alizarin Crimson or Quinacridone Crimson), a warm red (e.g., Cadmium Red Light or Scarlet), a cool yellow (Lemon Yellow), a warm yellow (Cadmium Yellow Deep), a cool blue (Ultramarine Blue), a warm blue (Cerulean Blue), one or two greens for mixing browns and skin tones (I use Cadmium Green Yellow and Cadmium Green Deep), and an orange and a violet for mixing grays and browns. I also have Titanium White on my palette. If you're looking for a new paint, I recommend acrylic gouache (Turner and Holbein both make excellent lines of acrylic gouache paints). These paints are very forgiving—you get the matte opacity of traditional gouache, but the addition of an acrylic binder allows you to layer colors without creating a muddy mess.
- Brushes: If you have them, try using larger brushes—perhaps larger than you think appropriate for the size of the painting surface. These force you to simplify forms and shapes.
- Painting surfaces: We will be painting on paper. Watercolor paper works well for all water-based media. Hot press watercolor paper, which has a smooth surface, as opposed to cold press watercolor paper (rougher surface), works very well with gouache and acrylic gouache, but it's really a personal preference. Bristol board will work as well. You should have a pad of paper no smaller than 11" x 14"; you can also buy sheets of watercolor paper and tear them to smaller sizes. If using oil paint, you'll want to prime your paper or buy Arches primed paper for oils.

Collage supplies:

- A surface to serve as a substrate for your collages—could be anything from paper to cardboard to fabric.
- Collage papers—again, almost anything goes. Construction paper, fabric, color-aid paper, found papers, magazine and newspaper pages, scrapbook paper, origami, hand-painted papers...

- Scissors
- Adhesive: I use Lineco PH Neutral Adhesive for my collages, but any white glue or glue stick or matte medium will also work.

Drawing supplies:

- A pencil and a thick marker (Sharpie or any magic marker will do).