

Alla Prima Self Portrait with Jafang Lu

Material List

Support

Have at least one 16" x 20" toned* acrylic primed canvas ready every. See toning process.

Brushes

Several hog brushes of various sizes and shapes.
My favorites are Silver Grand Prix filbert #4 and #6 and flat #4 and #6

Oil Paints

I use mostly Winsor Newton and Gamblin brand. However, any professional quality paints should work – no student grade paints.

Required pigments

Burnt Sienna (WN)
Alizarin Crimson (WN)
Permanent Rose (WN)
Cadmium Yellow Light (WN)
Pthalo Green (GAM) or Viridian (WN)
French Ultramarine Blue (WN)
Titanium White
Ivory Black (optional)

Misc

Odorless Turpenoid

Palette

Containers for turp and medium

Stand oil (optional)

A Mirror

***CANVAS TONING PROCESS:**

For acrylic gesso:

On pre-stretched pre-primed canvas, apply one coat of Golden Acrylic N6 Neutral Gray paint diluted with water to the consistency of “half and half” (roughly 3 parts water and one part acrylic paint) on the canvas with a household (2-3”) paint brush. To apply the tone, first cover the entire surface of the canvas with the mixture with the household paint brush. When the surface is completely covered make sure the paint surface is smooth by lightly dragging the same brush across the entire canvas the long way (parallel to the 20” edge). The finished canvas should have a uniformly smooth gray finish with some canvas showing through the brush marks. Apply one coat only. You can tone one canvas and let dry to see the result and adjust the mixture if necessary before toning the rest.