

PHILIPFREY

www.philipfrey.com | info@philipfrey.com | (207) 422-2008

Oil Paint Supply List

-**Color Palette:** (I use Gamblin Artist Oils. If cost is an issue, use Gamblin 1980™)

Cadmium Lemon or Hansa Yellow Light*

Cadmium Red Med. or Naphthol Red*

Cadmium Yellow Med. or Hansa Yellow Med.*

Chromatic Black

Manganese Blue Hue

Quinacridone Magenta or Quinacridone Red

Sap Green

Titanium Zinc White

Ultramarine Blue

Viridian

Optional Colors: Cad. Orange or Permanent Orange*

-Brushes: 'Ivory Long Flats': #2, #6, #10 #16. Round #2 (by [Rosemary™](#))

-Palette: a flat surface with Saran Wrap or pad of palette paper, 9x12 in.

-Palette knife: small diamond pointed

-Paper towels or rags & small trash bag (for dirty paper towels/rags)

-Gamblin Gamsol™ Odorless Mineral Spirits

-Gamblin Solvent-Free Fluid™

-[Brush Washer](#) (air tight) or unbreakable jar with lid

-Canvas or canvas panels / Sizes: (4) 5x7 or 6x6 in.; (2) 8x10 in.; & (2) 11x14 in.

-[View Catcher™](#) or 2 x 2 in. window cut out of grey cardboard

-Sketch pad: 8 ½ x 11 in.

-Grey scale markers: ([Copic™ Neutral Gray](#) #'s 0,2,4,6,8 & Black)

-[Color wheel](#)

-Easel (I use the [EasyL Lite™](#) and [Strada™](#))

-Artist's or masking tape: white ¾ in. or 1 in. wide

-Still life objects: fruit, veggies, colored fabric/paper, kitchen utensils, plates, cups, etc.

-Still life shadow box: Use cardboard, black, white, or gray foam core that is 20
x 20 x 20 inches with the top and front open. Here are some [shadow box ideas](#).

-Light source: a clip light works well with at least a 60W full spectrum/daylight bulb.

Supplies can be found online at: dickblick.com raymarart.com
rosemaryandco.com colorwheelco.com [EasyL Lite](#) [Strada](#)

* Cheaper alternatives.

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Acrylic Paint Supply List

-Color Palette:

Cadmium Lemon or Hansa Yellow Light*
Cadmium Yellow Deep or Hansa Yellow Med.*
Carbon Black
Naphthol Red Light
Manganese Blue Hue
Primary Cyan
Quinacridone Magenta
Sap Green
Titanium White
Ultramarine Blue
Viridian

Optional Colors: Cadmium Orange or Vat Orange*

- Brushes: 'Ivory Long Flats': #2, #6, #10 #16. Round #2 (by [Rosemary™](#))
- Palette: (a flat surface with Saran Wrap or pad of palette paper, roughly 9x12 in.)
- Palette knife: small diamond pointed
- Paper towels or rags & small trash bag (for dirty paper towels/rags)
- Golden Open Acrylic Medium & medium cup(s)
- Containers for water & Spray bottle (fine mist)
- Canvas or canvas panels / Sizes: (4) 5x7 or 6x6 in.; (2) 8x10 in.; & (2) 11x14 in.
- [View Catcher™](#) or 2 x 2 in. window cut out of grey cardboard
- Sketch pad: 8 ½ x 11 in.
- Grey scale markers: [Copic™ Neutral Gray](#) #'s 0,2,4,6,8 & Black
- [Color wheel](#)
- Easel (I use the [EasyL Lite™](#) and [Strada™](#))
- Artist's or masking tape: white ¾ in or 1" wide
- Still life objects: fruit, veggies, colored fabric/paper, kitchen utensils, plates, cups, etc.
- Still life shadow box: Use cardboard, black, white, or gray foam core that is 20 x 20 x 20 inches with the top and front open. Here are some [shadow box ideas](#).
- Light source: a clip light works well with at least a 60W full spectrum/daylight bulb.

Supplies can be found online at: dickblick.com raymarart.com
rosemaryandco.com colorwheelco.com [EasyL Lite Strada](#)

* Cheaper alternatives.